



**TOP 10**

Source: CDC & WHO

# COVID-19 Questions...Answered!

## 1. When will Social Distancing End?

Many doctors believe social distancing should stay in effect for the foreseeable future until more data can be obtained. Remember...we don't make the schedule...the virus makes the schedule.

## 2. The Flu Infects and Kills More People Than COVID-19...Why Worry?

True, nationwide, the flu has infected approximately 34 million people and about 20,00 Americans have died since October. But the mortality rate from coronavirus is much higher than that of the flu.

## 3. What Do I Do If I Think I'm Sick?

Stay home, isolate yourself from the rest of your family and call your doctor to discuss your symptoms. Perhaps giving a video visit a try. But if your symptoms increase dramatically, seek medical attention!

## 4. Can Coronavirus Go Through the Skin?

More often than not, people are transmitting COVID-19 through respiratory droplets produced when a sick person coughs or sneezes.

## 5. Can High Temperatures Kill COVID-19?

The fact that this virus is still spreading rapidly in the Southern Hemisphere during its summer months suggests that it might not succumb to warmer temperatures like most other coronaviruses.

## 6. If infected with Coronavirus, Can You Survive?

Most people who come down with coronavirus survive. According to the CDC the estimated death rate is approximately 2% which is still much higher than the seasonal flu death rate of 0.1%.

## 7. Should I Avoid Public Transportation?

Avoid public transportation if you can. Mass transit only increases your risk to coronavirus by exposing you to more people, and possibly infected high touch surface areas like railings and handles.

## 8. Can I Get COVID-19 From Packages?

Even though the coronavirus can stay on surfaces for a few hours or up to several days, it is very unlikely that the virus will remain on a surface after being exposed to different conditions and temperatures.

## 9. Can Home Remedies Cure or Prevent Coronavirus?

Sorry my friends, no amount of garlic, essential oils, or vitamin C have been proven effective in the fight against COVID-19.

## 10. What's the Best Way to Prevent COVID-19

Practice social distancing, stay at least 6 feet away from others, and wash your hands as much as possible. If soap isn't available, hand sanitizer with at least 60% alcohol should do the trick!

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